Type:

LTS Projects in Progress

Title:

Parenting Stress and Mental Health in Midlife

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Description:

This study plans to examine the effects of parenting stress on parental mental health utilizing data from the ongoing CATSLife project. The study will include participants into the analysis sample if they reported having child(ren). We predict that higher levels of parenting stress will be associated with poorer reports of depressive and anxiety symptoms. We will also investigate whether neighborhood social resources, in the form of social capital, moderates this link.

Sample:

LTS and CAP (CATSLife)

Process:

Idea Formulation

Start:

2020-09

Last:

2021-02