

Institute for Behavioral Genetics

Short Primer on Structural Equation Modeling (SEM) in Lavaan

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Regression:

y ~ x

-0*r*-

A ~ B ; Dependent ~ Independent; Outcome ~ Predictor



Variance:



Covariance:

x ~~ y



Factor Loadings:



Squares are used to depict *observed* variables. These are variables that are present in your dataset, such as A –E

Circles are used to depict unobserved, or latent, variables. This includes latent factors, like F

Fix a parameter:

x ~~ 1*y (the covariance between x and y is 1)



Name a parameter:

x ~~ a*y

(the covariance between x and y = parameter label a)

Allows you to use model constraints for this parameter: a > .001



Name a parameter (a cautionary note):

x ~~ a*y y ~~ a*z

(the covariance between x and y and the covariance between y and z are the same)



Imagine we knew the generating causal process



 $y = .40 x + u_y$

Imagine we knew the generating causal process



 $y = .40 x + u_y$ $x \sim (0,1) , u_y \sim (0,.84)$

 $z = .60 y + u_z$ $u_z \sim (0,.64)$

Imagine we knew the generating causal process



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In practice, we only observe the sample data, and we propose a model

observed covariance matrix

in a sample

.94		
.33	1.02	
.27	.62	1.02

≈

covariance matrix *in population*

1.00		
.40	1.00	
.24	.60	1.00

For the proposed model, estimate parameters from the data, and evaluate model fit to the data



6 unique elements in the covariance matrix being modeled

- 5 free model parameters
- 1 degree of freedom (df)

For the proposed model, estimate parameters from the data, and evaluate model fit to the data



The model that we fit may include some variables for which we do not observe data



F is unobserved. Parameters are estimated from, and fit is evaluated relative to, the sample covariance matrix for y_1-y_k .

> In lavaan syntax: F=~NA*y1+y2+y3+y4+y5 F~~1*F

The model that we fit may include some variables for which we do not observe data



Genomic SEM uses these principles to fit structural equation models to genetic covariance matrices derived from GWAS summary statistics using 2 Stage Estimation

- Stage 1: Estimate Genetic Covariance Matrix and associated matrix of standard errors and their codependencies
 - We use LD Score Regression, but any method for estimating this matrix (e.g. GREML) and its sampling distribution can be used
- Stage 2: Fit a Structural Equation Model to the Matrices from Stage 1