



DATASET

- Netherlands Twin Register (www.tweelingenregister.org)
- Dutch Health and Behavior Questionnaire (DHBQ)
- Adolescent Twins and non-twin Siblings
- Aged 14 and 16 (siblings between 12 and 25)
- Online & Paper and Pencil

CONTENT DHBQ

- Psychopathology
- Exercise
- Self –esteem
- Optimism
- Life Events
- Loneliness
- Number of peers and peer relation
- General Health and Illnesses (astma, migraine, etc)
- Pubertal Development
- Hours sleep
- Personality (age 16)
- Family Functioning (Family Functioning, Family Conflict)
- Life style (smoking, alcohol use, marihuna use)
- Educational Achievement (incl truancy)
- Wellbeing (Happiness, Satisfaction with Life, Quality of Life)
- Leisure time activities
- Family Size (no of sibs)
- Family situation (divorce)
- Zygoty
- Height, Weight
- Eating Disorders

	N of individuals	N of families	1 twin	2 twins	1 twin + sib	2 twins + sib
MZM	1061	474	28	290	15	141
DZM	917	425	56	232	14	123
MZF	1540	697	54	432	11	200
DZF	1116	512	49	309	13	141
DOS	2061	999	169	566	32	232
Sibs only	78	78	--	--	--	--
Total	6773	3185	356	1829	85	837

Today's Focus

- Youth Self Report (YSR)
- Subjective Wellbeing
 - * subjective happiness
 - * satisfaction with life
 - * quality of life
- General Family Functioning